

Community Resources

CATEGORY	AGENCY	CONTACT	WEBSITE	SERVICES
General Counseling	Action Family Counseling	Intensive Outpatient: 805-584-3258 Hotline: 800-376-8336	https://www.actionfamily.org/	Support Program is a gathering of concerned parents who meet to offer each other support and practical solutions to problems.
	Anxiety & Panic Disorders Clinic of Santa Barbara	(805) 962-2869	http://anxietysantabarbara.com/	The Anxiety and Panic Disorders Clinic of Santa Barbara specializes in the evaluation and treatment of children, adolescents and adults with Anxiety Disorders
	Aurora Vista Del Mar Behavioral Health Care	1-800-766-0040 or 653-6434	https://www.vistadelmarhospital.com/programs/adolescent	Provides inpatient care for adolescents ages 12 through 17 whose acute symptoms require a safe and therapeutic environment. Recognize and understand the unique needs of adolescent patients dealing with emotional and psychological disorders.
	CIRT: Children's Intensive Response Team	866-431-2478 805-445-7800	http://vchca.org/	Respond to calls on children and adolescents younger than 21 years old at risk of suicide, harming themselves or other urgent mental health situation.
	New Dawn Counseling & Consulting, Inc.	805-278-0799	http://www.newdawninc.com	Provide mental health services for families and youth. Partner with VCBH to provide counseling for Medi-Cal eligible families.
	Clinicas	805-647-6322	http://clinicas.org/	All types of Health Care services including Mental Health services. Accept Medi-Cal, Medi-Care, and most private insurances
	CLU Counseling Services	805-493-3059 Oxnard Clinic	http://www.clucounseling.org/	Provide affordable counseling to families, children, adolescents, couples, and adults. English and Spanish.
	Coalition for Family Harmony	805-983-6014 1-800-300-2181 24Hr bilingual	http://www.thecoalition.org/	Counseling services for domestic violence and sexual assault victims. Emergency shelter. Support groups.
	CPS (Child Protective Services)	805-654-3200	http://www.ventura.org/human-services-agency/child-protective-services	Services for the safety and protection of children experiencing or at risk of physical abuse, sexual molestation, severe neglect, emotional abuse.
	Interface Triple P - Positive Parenting Program	805-485-6114 805-469-5882	http://icfs.org/	Provide comprehensive mental health services throughout Ventura County. No charge for most services. Medi-Cal accepted. Youth services include crisis intervention and Cool Homes program. Also have family violence intervention services.
	Kids and Family Together	805-643-1446	http://www.kidsandfamilies.org/	Support, education, and counseling resource center that provides services for individuals and families in foster care, kinship care, and adoption, for the preservation of families and the physical, emotional, and mental health of children.
	Lakeside Family Counseling	805-289-1500	https://lakesidefamilycounseling.org/	Provides individual counseling, couples counseling, family therapy, groups, anger management, and domestic violence intervention programs.
	NAMI (National Alliance for Mental Illness)	805-641-2426 805-500-NAMI	http://www.namicalifornia.org/	Offer extensive education and support services for families and individuals whose lives have been affected by serious mental illness.
	The Parent Project	800-372-8886	https://parentproject.com/	Develop parent-training programs for parents raising difficult or out-of-control children.
	United Parents	805-384-1555	http://www.unitedparents.org/	Provides resources to empower, strengthen, and support parents who have children with mental, emotional, and behavioral disorders.
	Ventura County Behavioral Health	805-981-6830 Health Care Agency	http://www.vchca.org/agency-divisions/behavioral-health	Provides a system of coordinated services to meet the mental health and substance abuse treatment needs of Ventura County

The names of the listed professionals are provided as a service only. Their services are not endorsed, sanctioned, or in any way guaranteed by the Archdiocese of Los Angeles, or any of its parishes or other ministries