

Teen Resource Hotlines

AGENCY	CONTACT	WEBSITE	SERVICES
Give Us the Floor	Online	https://giveusthefloor.org/	Aims to support teens in mental health, LGBTQIA+, and other life challenges. Help teens deal with distress through innovative and unique online peer Supportive Group Chats that provide constant contact and anonymity in a safe teen-only community, breaking the isolation and shame cycles they are experiencing.
Teenline	(310) 855-4673 (800) 852-8336	https://teenlineonline.org/	A non-profit, community based organization that provides emotional support to youth. It is our mission to provide peer based education and support before problems become a crisis, using a national hotline, community outreach and online support.
Love is Respect	1-866-331-9474	https://www.loveisrespect.org/	Offers confidential support for teens, young adults, and their loved ones seeking help, resources, or information related to healthy relationships and dating abuse in the US.
National Domestic Violence Hotline	1-800-799-2733	https://www.thehotline.org/	24 hours a day, seven days a week, 365 days a year, the National Domestic Violence Hotline provides essential tools and support to help survivors of domestic violence so they can live their lives free of abuse.
National Eating Disorders Association	1-800-931-2237	https://www.nationaleatingdisorders.org/	Dedicated to supporting individuals and families affected by eating disorders. NEDA supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.
National Association of Anorexia Nervosa and Associated Disorders (ANAD)	(888)-375-7767	https://anad.org/get-help/eating-disorders-helpline/	ANAD's mission is to relieve suffering by providing support & education to those struggling with disordered eating and body image.
Substance Abuse and Mental Health Services Administration	1-800-662-4357	https://www.samhsa.gov/find-help/national-helpline	A confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders.
Anti-Violence Hotline	212-714-1141	https://avp.org/	AVP empowers lesbian, gay, bisexual, transgender, queer, and HIV-affected communities and allies to end all forms of violence through organizing and education, and supports survivors through counseling and advocacy.
Trans Lifeline	(877) 565-8860	https://translifeline.org/	Trans Lifeline provides trans peer support for our community that's been divested from police since day one. We're run by and for trans people.
The Trevor Project	1-866-488-7386	https://www.thetrevorproject.org/	The leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.
National Runaway Safeline	1-800-786-2929	https://www.1800runaway.org/	Responds to youth and families in crisis, serving as the national communications system for runaway and homeless youth. We continually transform technology, training and services to meet the current needs of vulnerable youth and ultimately achieve an end to youth homelessness.

The names of the listed professionals are provided as a service only. Their services are not endorsed, sanctioned, or in any way guaranteed by the Archdiocese of Los Angeles, or any of its parishes or other ministries